



Regional Council of Continental Europe & Asia



FEIS RULES

- The Feis will run in accordance with the Rules of **An Coimisiún Le Rincí Gaelacha**.
- Entries will only be accepted from persons currently registered with An Coimisiún.

GRADE COMPETITION RULES

1. **Beginners Grade** competitions are confined to dancers who have never won 1st, 2nd or 3rd prize (please refer to the grid) in any competition for that particular dance.
2. In **Beginners Grade** competitions only basic steps may be performed.
3. **Primary Grade** competitions are confined to dancers who have never won 1st, 2nd or 3rd prize (please refer to the grid) for that particular dance other than in Beginners Grade.
4. **Intermediate Grade** competitions are open to all dancers who have not previously won 1st or 2nd prize (please refer to the grid) for that particular dance in Intermediate under the same or higher age limits. If a dancer in Continental Europe and Asia wins in Intermediate, they advance to the next level for the rest of the calendar year. Teachers can move dancers back at their own discretion at the start of the next calendar year.

Grade	Number of Entries	Number of Dancers to progress
Beginner	5 or less	0
Beginner	6 to 10	1 st & 2 nd Place
Beginner	+ 11	1 st , 2 nd & 3 rd Place
Primary	5 or less	0
Primary	6 to 10	1 st Place
Primary	11 to 20	1 st & 2 nd Place
Primary	+ 20	1 st , 2 nd & 3 rd Place
Intermediate	5 or less	0
Intermediate	6 to 10	1 st Place
Intermediate	+ 11	1 st & 2 nd Place

5. For all **Beginner, Primary** and **Intermediate** competitions (excluding trophy competitions) the 32 bar method will be applied.
Two and three hands are danced to 40 bars of music.
Ceili and figure dances are subject to the rules applied at Oireachtasi.
All **Open Championship** dancers will be required to dance to 48 bars of music in the reel and jig and 40 bars in the slip-jig and hornpipe.

MUSIC SPEEDS

Dance	Beginner	Primary	Intermediate/Open
Reel	121/123	116/118	113
Light Jig	116	116	116
Single Jig	124	124	124
Slip Jig	121	118	113
Heavy Jig	89	79	73
Hornpipe	142	130	113

TROPHY, PRELIMINARY CHAMPIONSHIP & CHAMPIONSHIP RULES

6. **Beginner, Primary** and **Intermediate Trophy Competitions**, if included in the syllabus, will be a choice of A) light B) heavy C) light and heavy dance. [*Delete as applicable*]. Dancers will dance 16 bars down the line in their chosen dance(s).
7. **Traditional Set Dance** competitions, dancers will have a choice out of 7 traditional dance: St. Patrick's Day, Blackbird, Job of Journeywork, Garden of Daisies, King of Fairies, Jockey to the Fair & Three sea Captains. If a dancer win a first place in any traditional set dance competition, that dancer move on the next level in all 7 traditional set dances.
8. Traditional set dances may only be performed in the following competitions: Traditional Set dance competitions, Adult Championships and in the Under 8, Under 9 and Under 10 Open Championships.
9. **Open Championships** will be judged as two solos and an overall Championship. If there are more than [X] dancers in the competition the third round will be danced as recall. [*Delete where solo results not offered*] [*Amend X for minimum number to go to recall*]

10. Open Championships:

- To call a competition ‘Open Championship’ it must be judged by **at least 3 Adjudicators**.
- Only **Open dancers** are eligible to dance in this competition. If there is no Preliminary Championship offered at the same Feis this will ALSO be open to Intermediate and Preliminary dancers.

11. Preliminary Championships:

- To call a competition “Preliminary Championship” it must be judged by **at least 3 Adjudicators**.
- This competition is for dancers of Intermediate or Preliminary standard and will be teacher’s discretion for entry.
- A Preliminary Championship may be combined with an Open Championship. Where these are combined the Preliminary Championship result will be taken from the **first two rounds only**. Dancers may also be placed in the overall Open Championship. Dancers/Teachers must select/tick [*Delete as applicable*] the Preliminary Championship box when entering a dancer.
- Where a Preliminary Championship is held separately from an Open Championship dancers must complete a minimum of two rounds: a heavy dance (Heavy Jig or Hornpipe), a light dance (Reel or Slip Jig) and a non-traditional set dance in the case of a recall.
- A dancer may not enter a Preliminary Championship for the remainder of the calendar year if they win two Preliminary Championship from the 1st January in one calendar year.
- Placement in the regional Oireachtas or any Open Championship in this region will not restrict dancers from competing in a Preliminary Championship outside of the RCCEA region.

12. Premier Championships:

- To call a competition “Premier Championship” it must be judged by 1 or 2 adjudicators.

13. **Adult Championships** are open to dancers of Intermediate and above level who have never won a 1st, 2nd or 3rd place in an Open Championship and are not participating in a full Open Championship at the same feis. Dancers are required to dance to 32 bars of music and will dance a choice of soft shoe (Reel or Slip Jig for ladies and Reel for gentlemen), heavy shoe (Heavy Jig or Hornpipe) and a Traditional Set / Non-Traditional Set [*Delete as*

applicable]. Please note these Championships have been created for dancers who started Irish Dancing as ADULTS.

14. Where there are 5 or less dancers in any Championship placement will not affect grading.

OFFICIAL CLRG RULES

15. The lodgment of an entry will be taken to mean that teachers and pupils understand these rules and undertake to abide by them.

16. Objections must be lodged in writing within one hour of the announcement of the result of a competition accompanied by a fee of 40 Euro, which will be refunded if the objection is upheld.

17. The Adjudicators' decisions are final.

18. Only Feis officials may approach the adjudicators during competition sessions.

19. The age of a competitor shall be taken as on 1st January 20__ [enter year of feis]. Where a competitor's birthday falls on 1st January, he/she shall, for the purposes of the feiseanna, be regarded as under the age attained on that day (whatever age you turn this year in [.enter year of feis.], you dance under that age e.g. Date of birth is 29 May 2010, in the year 2012, you dance under 13 all year long). Evidence of age may be requested, therefore dancers should have a valid ID with them in the event of a query as to their age.

20. Competitors must be in costume and ready to dance 30 minutes before their competitions are scheduled.

21. The dress code in accordance with An Coimisiún rules will be strictly observed. For the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.

22. All **Beginners** and **Primary** dancers of all age groups may only wear a class costume, simple dancewear or appropriate attire (skirt and top/blouse, simple dress for girls and ladies, trousers and t-shirt/shirt for boys and gents. Make-up is not permitted for any dancer in the first two grades up to and including the Under 12 age group worldwide.

23. The Costume Rules of An Coimisiún, as amended, also apply in Continental Europe and Asia; it can be found in the "Rules" section on www.clrq.ie for reference. Female adult dancers participating in competitions entitled 'adult competition' and/or 'adult grade competition' (both solo and team) are required to wear tights of a denier not less than 70.

24. Team dances (four hands and upward) must be performed as per the Coimisiún handbook "Ar Rinci Ceili".

25. By entering in competitions, dancers (or their legal representatives, in case of minors) consent to their names being stated in the feis results and in the public Internet archives or any other feis entry/results system as may replace it.

26. Provided that dancers are not disturbed by flashlights or the like, photography and video recording by persons other than official feis photographers is allowed during Beginners and Primary competitions and during all award ceremonies.
- During Intermediate, Preliminary and Open competitions, ONLY the official feis photographer is permitted to take photos.
- Those who do not wish to be photographed should make themselves known to the Feis Organisers.
27. An Coimisiun has ruled that from 1st January each year, no block, en pointe, stationary or moving, be allowed to be performed for all ages up to and including the under 12 age group worldwide. The Under 12 Age Group will be allowed to toe walk from September 1st.
28. Within the limits specified in the Rules of An Coimisiún, the Organisers may at their discretion cancel or combine competitions with insufficient entries.
29. Order and quiet must be kept in the hall, particularly while competitors are dancing.
30. The Feis organisers cannot accept any liability for injury or loss or damage to property while on the premises.
31. No refunds will be made.

EXTRA [name of the feis] RULES

32. Dancers competing in the Treble Reel Competitions will dance 16 bars down the line Free Style. Therefore use of hands and non-traditional dance wear are permitted.
- [This is just an example rule, Feis organisers can change, delete it or add extra rules]