



Wrocław Feis

28.01.2023

Claraithe Leis an Coimisiún le Rincí Gaelacha
Approved by feis registrar Lucy Johnstone, 09.11.2022

Lucy S Johnstone

Wrocław Feis

28.01.2023

Syllabus

Venue:

Centrum Aktywności Lokalnej Złotniki (Złotnickie Centrum Spotkań)
/Local Activity Centre Złotniki
ul. Wielkopolska 7
54-027 Wrocław

Adjudicator:

Anne-Marie Cunningham Bleckmann

Musician:

Kristián Fišl

Run by:

Irish Spin School of Irish Dance



IRISH SPIN

Partners:



wrocławskie
centrum rozwoju
społecznego

Wrocławskie Centrum
Rozwoju Społecznego
*Wrocław Centre for
Social Development*



Złotnickie
Centrum Spotkań

Centrum Aktywności
Lokalnej Złotniki (Złotnickie
Centrum Spotkań)
*Local Activity Center
Złotniki*



Fundacja Kultury Irlandzkiej
Fondúireacht Chultúr na hÉireann
Irish Culture Foundation

Fundacja Kultury Irlandzkiej
Irish Culture Foundation



Celtycki Wrocław
Celtic Wrocław



Muzyka w Obiektywie
Music in the Spotlight



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List of changes - 16.01.2023:

- Greeting - location and time of live Irish music session (p. 5)
- Greeting - information about treble reel costumes and prizes (p. 5)
- Fees - information added about free My First Feis (p. 8)
- Fees - added information about results (p. 8)
- Timetable update (p. 9-12)
- Rules' updates (p. 13-17)
- Map of the venue (p. 18)

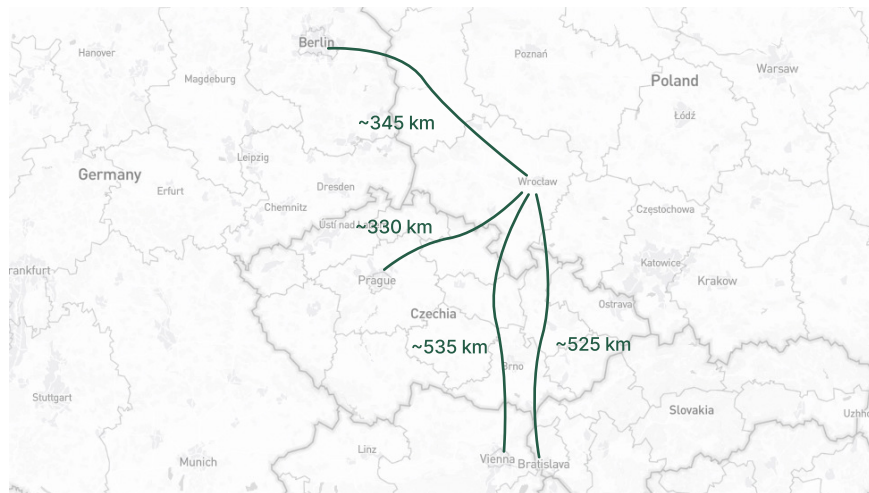
Greeting

Dear Friends / A Chairde,

I am very pleased to welcome you to **Wrocław** – the capital of Lower Silesia – in south-west Poland. Wrocław Feis is the first international Irish dance competition in our region. I hope that, despite the winter season, you will have fun during the competition, and in your free time you will have the opportunity to visit our beloved city!

Please let me provide you with a little bit of information which you may find helpful getting here and moving around the city.

Wrocław is the **third largest city in Poland**. Situated in the south-west of Poland on the river Odra, close to the German and Czech borders, Wrocław is easily accessible for visitors from both western and southern Europe. Distance from other nearest capital cities:



Wrocław Copernicus Airport is located in the western outskirts of the city, only 5 kilometres away from the Wrocław Feis venue (10 minute drive or 35-40 minutes by public transport).

The feis venue is located in **Złotniki district**, part of Leśnica - a historical borough of Wrocław. There is very good communication to and from Leśnica to other parts of Wrocław, including the city centre. More details can be found in the *Basic information* section of the Syllabus.

Free parking is available in the vicinity of the feis venue.

As to the venue itself, it comprises a large hall with floor area **6 × 7,5 metres**, two changing rooms as well as a warm-up area. There will also be a café serving refreshments open throughout the Feis.

Greeting

Due to health and safety reasons, limited number of spectators are allowed in the competition area. **Registration will start on 15.12.2022.**

Apart from solo competitions on every level: beginner, primary and intermediate, Wrocław Feis Championship will include **Trophy Light** and **Trophy Hard** competitions, as well as the **Premier Championship**. First place winners will receive a trophy, and at beginner level everyone will be read out and receive a medal.

In addition, we will hold the following **group competitions**: 2-hand and 4/6 hand, plus the special competition - Treble reel where each contestant will have the opportunity to perform in a creative outfit of their design. The theme for this competition is '**Gnomes**'. Anyone who dresses up for the treble reel competition will receive a special prize.

More information on Wrocław Gnomes can be found at:

<https://culture.pl/en/article/wroclaw-in-search-of-gnomes>

https://en.wikipedia.org/wiki/Wroc%C5%82aw%27s_dwarfs

Furthermore, we are planning to introduce a special contest '**My First Feis**' for our **youngest dancers (Under 10)**. Competing in 'My First Feis' is **free of charge**. Each contestant will receive a medal and a treat. More information can be found in the Additional Wrocław Feis Rules section.

The following accompanying events will be held on the day of the Championship:

- **Irish Culture Foundation** will organise a workshop for the youngest dancers while waiting for the results. Taking part in the workshop will provide a great opportunity to take a break from the crowd and noise.
- Adult dancers and spectators are invited to a **live Irish music session** in Salonik Smaku (Braniborska 2/10), entrance from the furniture store "Domar") at 9 PM. Payments in cash only (PLN).

All the up-to-date information as well as documents can be found on our website www.wroclawfeis.com.

I hope that Wrocław Feis will not only be a chance to take part in the organised competitions, but also a great opportunity to visit our beautiful city and look for the gnomes hiding in most unusual places.

Yours respectfully/Mise le meas

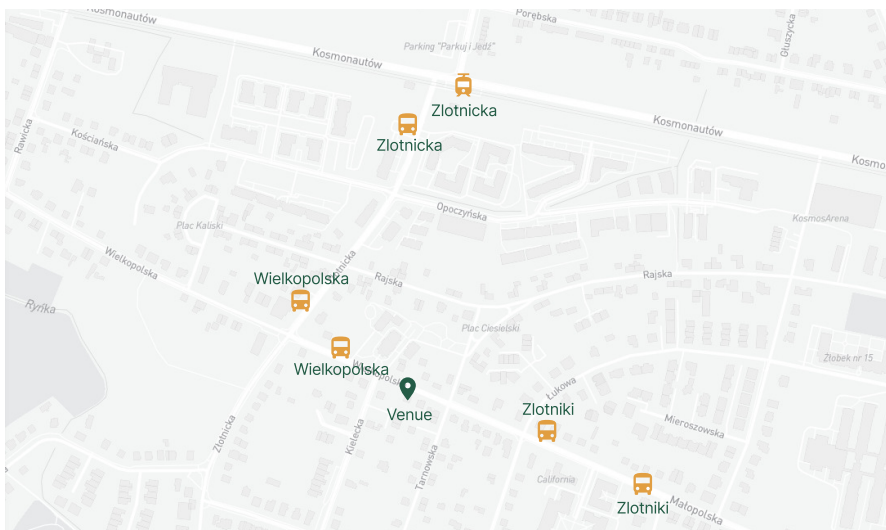
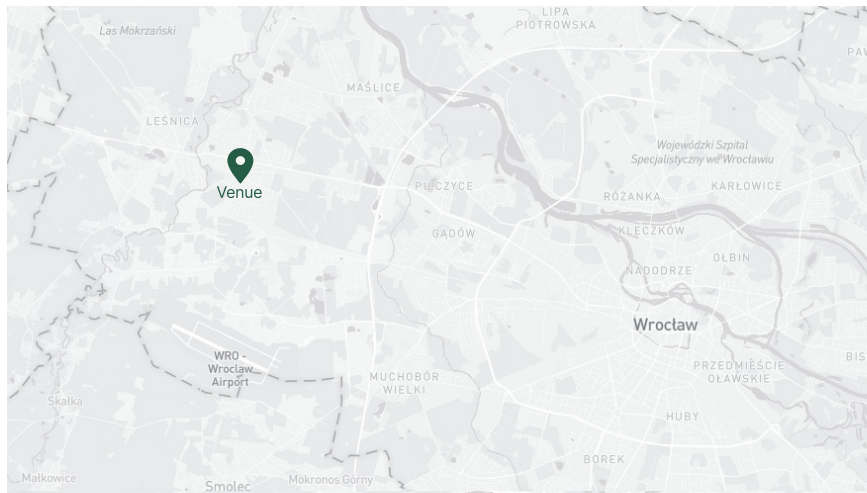
Małgorzata Szarycz T.C.R.G.

Irish Spin

Basic information

Wrocław Feis venue is located in Złotniki district in the west of Wrocław, close to the airport. You can get there by train, tram or bus.

For transportation, we recommend using app Jakdojade (it also has English version).



- Nearest train station: **Wrocław Leśnica**, 2 km (Kolejowa Street 20), **Wrocław Żerniki** - 2,8 km, **Wrocław Stadion** - 5 km
- Nearest tram stops: **Złotnicka**, 600 m (line 3, 10, 20)
- Nearest bus stops: **Wielkopolska**, 150 m (line 148)

Parking spaces for participants and spectators are available at the venue.

Wrocław offers a wide range of accommodation to suit your needs.

Partner information



wrocławskie
centrum rozwoju
społecznego

WCRS

Wrocławskie Centrum Rozwoju
Społecznego

Wrocławskie Centrum Rozwoju Społecznego (Wrocław Centre for Social Development) is an organisation involved in promoting social sustainability and general well-being. It supports senior citizens, families and foreigners living in Wrocław. Part of its mission is also integrating of the families and raising awareness of the importance of healthy lifestyle. The Centre's activity is addressed to all citizens of Wrocław regardless of their age, sex or nationality. Social campaigns, projects aimed at integration, or supporting of non-governmental organisations are just a few examples of ventures the Centre gets involved in.



CAL Złotniki

Centrum Aktywności Lokalnej Złotniki
(Złotnickie Centrum Spotkań)

Centrum Aktywności Lokalnej Złotniki (Local Activity Centre Złotniki) is a place providing the local community with opportunities to socialise. Apart from that, the Centre focuses on preserving traditions and values, as well as passing on knowledge of Wrocław's historical and multicultural background. Besides, all the projects are aimed at increasing the local community's awareness in the areas of culture, education, pro-social and pro-ecological development.

A wide range of rooms and infrastructure facilitates the organising of meetings, workshops, lectures, concerts or movie nights, accompanied by hot beverages and home-made cakes.





Fees

Solo competitions	5 EUR
Team competitions 2/4/6 hand	4 EUR per dancer
Trophy competitions (Trophy, Traditional Sets, Treble Reels)	6 EUR
Premier Championship	20 EUR
RCCEA Feis fee per dancer	1 EUR
My first Feis	free
Admittance fee for spectators	free

Payments have to be made **in cash on the day of the feis at the entry table** (in EUR or PLN).

Bank transfer payments can be done upon request.

In case of questions, please email info@wroclawfeis.com.

Dancers' numbers will be available for collection by teachers or school representatives from the registration point located in the cafeteria.

The fee for an entire school willing to participate in the feis must be paid beforehand.

Registration and results:

Registration only by teachers, through www.feisme.net

For assistance with the registration please email admin@feisme.net.

Registration between: **December 15th 2022 - January 15th 2023**

The Feis will run in accordance with the Rules of An Coimisiún Le Rincí Gaelacha.

Entries will only be accepted from people currently registered at An Coimisiún.

Results will be announced after the section of the dances specified in the Timetable (Results) and will be published on feisme.net within approx. 1 week.



Timetable

Approx. time	Level	Dance	Comp. no.	Category
8:00	Beginner	Reel	1	U11
	Beginner	Reel	2	U12
	Beginner	Reel	3	U13
	Beginner	Light jig	4	U11
	Beginner	Light jig	5	U12
	Beginner	Light jig	6	U13
	Beginner	Slip jig	7	U11
	Beginner	Slip jig	8	U13
	Beginner	Single jig	9	U11
	Beginner	Single jig	10	U13
	Beginner	Trophy light	11	U11
	Beginner	Trophy light	12	U13
	Pre-beginner	First Feis	13	U10
	Beginner	Heavy jig	14	U11
	Beginner	Heavy jig	15	U13
	Beginner	Hornpipe	16	U13
	Beginner	Trophy hard	17	U13
10:00	Results			
10:15	Primary	Reel	18	U13
	Primary	Light jig	19	U13
	Primary	Slip jig	20	U13
	Primary	Single jig	21	U13
	Primary	Trophy light	22	U13
	Primary	Heavy jig	23	U13
	Primary	Hornpipe	24	U13
	Primary	Trophy Hard	25	U13
	Beginner/Primary	Trad Set	26	U13
	Any	2-hand	27	U13
11:15	Results			
11:30-12:00	Lunch			



Timetable

Approx. time	Level	Dance	Comp. no.	Category
12:00	Beginner	Reel	28	U16
	Beginner	Reel	29	U28
	Beginner	Reel	30	O28
	Beginner	Light jig	31	U15
	Beginner	Light jig	32	U30
	Beginner	Light jig	33	O30
	Beginner	Slip jig	34	U18
	Beginner	Slip jig	35	O18
	Beginner	Single jig	36	U15
	Beginner	Single jig	37	U27
	Beginner	Single jig	38	O27
	Beginner	Trophy light	39	U18/O18
	Beginner	Heavy jig	40	U16
	Beginner	Heavy jig	41	U30
	Beginner	Heavy jig	42	O30
	Beginner	Hornpipe	43	U18
	Beginner	Hornpipe	44	O18
	Beginner	Trophy hard	45	U18/O18
	13:30	Results		
13:45	Primary	Reel	46	U14
	Primary	Reel	47	U18
	Primary	Reel	48	O18
	Primary	Light jig	49	U17
	Primary	Light jig	50	U28
	Primary	Light jig	51	O28
	Primary	Slip jig	52	U18
	Primary	Slip jig	53	O18
	Primary	Single jig	54	U18
	Primary	Single jig	55	O18
	Primary	Trophy light	56	U18
	Primary	Trophy light	57	O18



Timetable

Approx. time	Level	Dance	Comp. no.	Category
13:45	Primary	Heavy jig	58	U18
	Primary	Heavy jig	59	O18
	Primary	Hornpipe	60	U18
	Primary	Hornpipe	61	O18
	Primary	Trophy hard	62	U18/O18
	Primary	Trad Set	63	U26
	Primary	Trad Set	64	O26
	Any	2-hand	65	O13
	Any	4-6 hand	66	O13
	Any	Treble Reel	67	O13
15:45	Results			
16:00	Intermediate	Reel	68	U15
	Intermediate	Reel	69	U25
	Intermediate	Reel	70	U30
	Intermediate	Reel	71	O30
	Intermediate	Slip jig	72	U18
	Intermediate	Slip jig	73	U30
	Intermediate	Slip jig	74	O30
	Intermediate	Trophy light	75	U18
	Intermediate	Trophy light	76	U30
	Intermediate	Trophy light	77	O30
	Intermediate	Heavy jig	78	U18
	Intermediate	Heavy jig	79	U26
	Intermediate	Heavy jig	80	O26
	Intermediate	Hornpipe	81	U19
	Intermediate	Hornpipe	82	O19
	Intermediate	Trophy hard	83	U21
	Intermediate	Trophy hard	84	O21
	Intermediate/Open	Trad set	85	U23
Intermediate/Open	Trad set	86	O23	
17:15	Results			



Timetable

Approx. time	Level	Dance	Comp. no.	Category
17:30	Open	Premier	87	U14
	Open	Premier	88	U18
	Open	Premier	89	U25
	Open	Premier	90	O25
19:00	Results			



Rules

TROPHY, PRELIMINARY CHAMPIONSHIP & CHAMPIONSHIP RULES

1. Beginners Grade competitions are confined to dancers who have never won 1st, 2nd or 3rd prize (please refer to the grid) in any competition for that particular dance.
2. In Beginners Grade competitions only basic steps may be performed.
3. Primary Grade competitions are confined to dancers who have never won 1st, 2nd or 3rd prize (please refer to the grid) for that particular dance other than in Beginners Grade.
4. Intermediate Grade competitions are open to all dancers who have not previously won 1st or 2nd prize (please refer to the grid) for that particular dance in Intermediate under the same or higher age limits. If a dancer in Continental Europe and Asia wins in Intermediate, they advance to the next level for the rest of the calendar year. Teachers can move dancers back at their own discretion at the start of the next calendar year.

Grade	Number of entries	Number of dancers to progress
Beginner	5 or less	0
Beginner	6 to 10	1st & 2nd Place
Beginner	11	1st, 2nd & 3rd Place
Primary	5 or less	0
Primary	6 to 10	1st Place
Primary	11 to 20	1st & 2nd Place
Primary	21	1st, 2nd & 3rd Place
Intermediate	5 or less	0
Intermediate	6 to 10	1st Place
Intermediate	11	1st & 2nd Place

5. For all Beginner, Primary and Intermediate competitions (excluding trophy competitions) the 32 bar method will be applied. Two and three hands are danced to 40 bars of music. Ceili and figure dances are subject to the rules applied at Oireachtais. All Open dancers (see point 9c) will be required to dance to 48 bars of music in the reel and jig and 40 bars in the slip-jig and hornpipe.

Rules

MUSIC SPEEDS

Dance	Beginner	Primary	Intermediate/Open
Reel	121/123	116/118	113
Light jig	116	116	116
Single jig	124	124	124
Slip jig	121	118	113
Heavy jig	89	79	73
Hornpipe	142	130	113

6. Beginner, Primary and Intermediate Trophy Competitions, if included in the syllabus, will be a choice of A) light B) heavy dance. Dancers will dance 16 bars down the line in their chosen dance(s).
7. Traditional Set Dance competitions, dancers will have a choice out of 7 traditional dances: St. Patrick's Day, Blackbird, Job of Journeywork, Garden of Daisies, King of Fairies, Jockey to the Fair & Three sea Captains. If a dancer wins first place in any traditional set dance competition, that dancer moves on the next level in all 7 traditional set dances.
8. Traditional set dances may only be performed in the following competitions: Traditional Set dance competitions, Adult Championships and in the Under 8, Under and Under 10 Open Championships.
9. The Wroclaw Feis Premier Championship will be judged by 1 adjudicator.
- Premier Championship U10: dancers are to perform the following: 1st round – Reel or Slip Jig, 2nd round – Heavy Jig or Hornpipe, and 3rd round – Traditional Set.
 - If within this group there will be any Under 6 dancers, they will be required to dance 32 bars of the Reel for the 1st round and of the Light jig for the 2nd round. The top U6 dancer will be recognised and placed.
 - All Premier Championships will be judged as two solos and an overall Championship. Dancers will be required to dance 48 bars of music for the Reel & Heavy Jig, and 40 for Slip Jig & Hornpipe and a Modern Set. If there are more than 10 in the competition there may be a recall for the Modern Set round.
10. Where there are 5 or less dancers in any Championship placement will not affect grading.



Rules

OFFICIAL CLRG RULES

11. The lodgement of an entry will be taken to mean that teachers and pupils understand these rules and undertake to abide by them.
12. Objections must be lodged in writing within one hour of the announcement of the result of a competition accompanied by a fee of 40 Euro, which will be refunded if the objection is upheld.
13. The Adjudicators' decisions are final.
14. Only Feis officials may approach the adjudicators during competition sessions.
15. Age will be taken as on 1st January 2023 (whatever age you turn this year, in 2023, you dance under that age all year long, e.g., if a dancer's date of birth is 29 May 2013, she/he dances under 10 in the year 2023). Evidence of age may be requested, therefore dancers should have a valid ID with them in the event of a query as to their age.
16. Competitors must be in costume and ready to dance 30 minutes before their competitions are scheduled. Competitors must also be in full dancing costume and dancing shoes for award ceremonies.
17. The dress code in accordance with An Coimisiún rules will be strictly observed. For the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.
18. All Beginners and Primary dancers of all age groups may only wear a class costume, simple dancewear or appropriate attire (skirt and top/blouse, simple dress for girls and ladies, trousers and t-shirt/shirt for boys and gents. Make-up is not permitted for any dancer in the first two grades up to and including the Under 12 age group worldwide.
19. The Costume Rules of An Coimisiún, as amended, also apply in Continental Europe and Asia; it can be found in the "Rules" section on www.clrg.ie for reference. Female adult dancers participating in competitions entitled 'adult competition' and/or 'adult grade competition' (both solo and team) are required to wear tights of a denier not less than 70.
20. Team dances (four hands and upward) must be performed as per the Coimisiún handbook "Ar Rinci Ceili".
21. By entering in competitions, dancers (or their legal representatives, in case of minors) consent to their names being stated in the feis results and in the public

Rules

Internet archives or any other feis entry/results system as may replace it.

22. Provided that dancers are not disturbed by flashlights or the like, photography and video recording by persons other than official feis photographers is allowed during Beginners and Primary competitions and during all award ceremonies. During Intermediate, Preliminary and Open competitions, ONLY the official feis photographer is permitted to take photos. Those who do not wish to be photographed should make themselves known to the Feis Organisers.

23. An Coimisiún has ruled that from 1st January each year, no block, en pointe, stationary or moving, be allowed to be performed for all ages up to and including the under 12 age group worldwide. The Under 12 Age Group will be allowed to toe walk from September 1st.

24. Within the limits specified in the Rules of An Coimisiún, the Organisers may at their discretion cancel or combine competitions with insufficient entries.

25. Order and quiet must be kept in the hall, particularly while competitors are dancing. Mobile phones must be switched to silent mode and any calls need to be taken outside the competition hall.

26. The Feis organizers cannot accept any liability for injury or loss or damage to property while on the premises.

27. No refunds will be made.

ADDITIONAL WROCLAW FEIS RULES

28. Smoking in the venue, as well as right next to the access doors and ventilation windows is strictly forbidden. The rule also applies to electronic cigarettes.

29. If you notice any defects or problems in the competition area, please inform the organisers about it.

30. Following the GDPR rules, any personal information the dancers or their guardians provided to the Wrocław Feis team will only be used to communicate information pertaining to their attendance at this year's feis. The Wrocław Feis team and Irish Spin School of Irish Dance will not use or forward this information to any third party.

31. In case of an emergency when there is a need for evacuating the building, please make your way towards the nearest emergency exit. Look out for staff



Rules

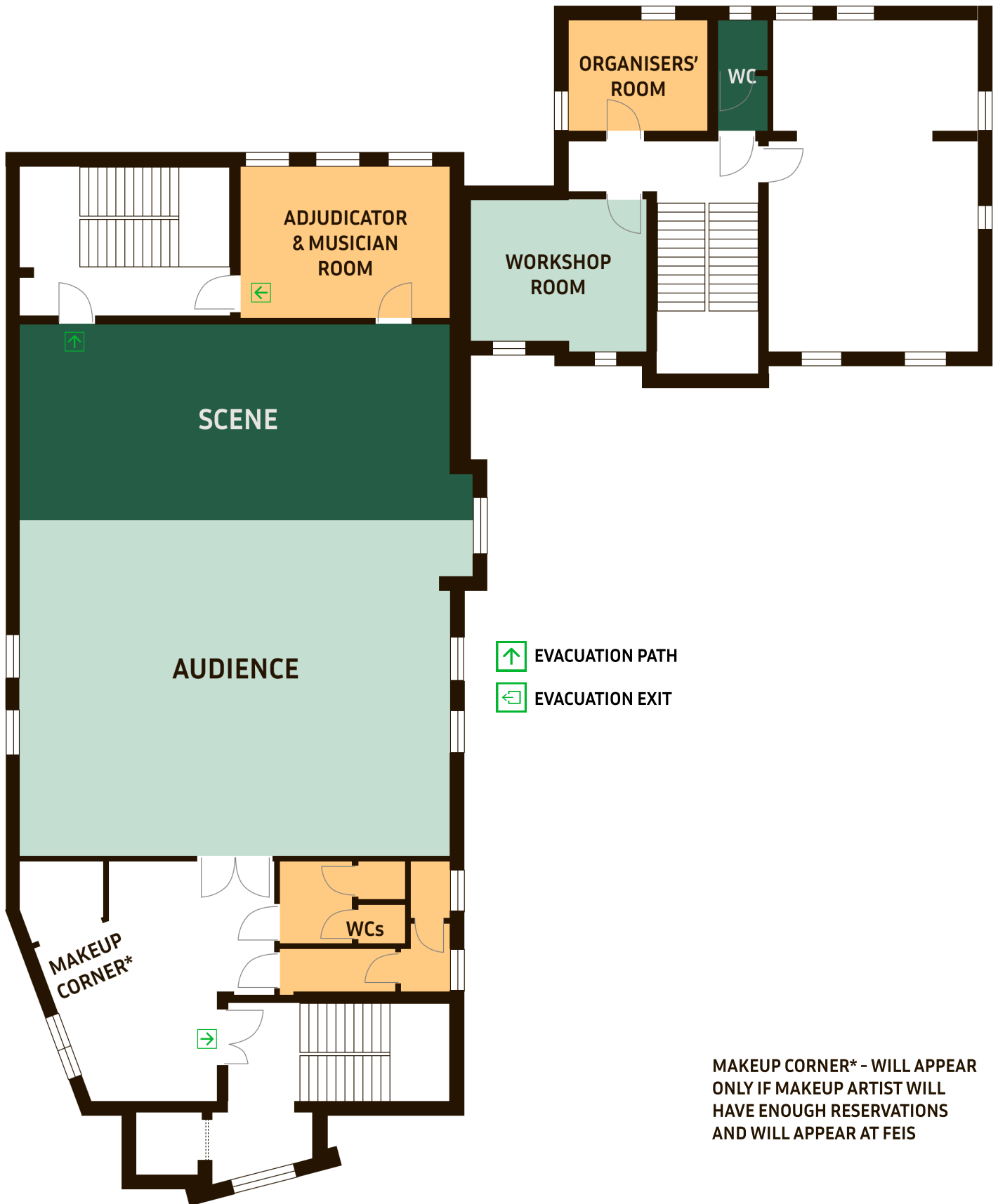
members in reflective vests who will point you in the right direction to ensure a smooth and safe evacuation process.

32. Due to health and safety reasons, limited number of spectators are allowed in the competition area. Priority to enter the hall will be given to dancers and their guardians. Please follow any instructions from the ushers at the entrance to the sports hall and respect their decisions.

33. "My first Feis" competition is designed for youngest dancers not older than 10 y.o. **who never competed in any Feis**. During the competition dancers will be asked to dance simple threes, promenade steps or simple sevens for 16 bars of reel. This competition is free of charge. Please note that to register for this competition, you need to be present next to the stage **after U13 soft shoes beginner competitions**. For all participants medals and sweet treats have been prepared.



GROUND FLOOR



MAKEUP CORNER* - WILL APPEAR ONLY IF MAKEUP ARTIST WILL HAVE ENOUGH RESERVATIONS AND WILL APPEAR AT FEIS

1st FLOOR



2nd FLOOR



Wrocław Feis

28.01.2023

Issued 01.12.2022

Updated 16.01.2023

Event run by Irish Spin Irish Dance School



IRISH SPIN